

The WHOLE Program

Recovering Hands New Programming is coming in 2020 and will be open to groups from

- Schools
- Churches
- Civic Organizations
- Businesses
- Recovery and Mental Health Organizations
- Community Service Organizations
- YOUR group, and/or business, organization

Many schools, youth programs and corporations send their students, youth and employees to participate in adventure therapy programs in order to build better teams. The Recovering Hands (RH) adventure therapy program will be known as **The Wilderness Hands On Life Experience (WHOLE) Program** at Recovering Hands and will use activity bases where our residents and local clients will implement low and high ropes courses, cooperative group games, camping, hiking, rock climbing, and cooperative games. **The WHOLE Program** will allow participants to take calculated risks and explore personal issues in a safe, supportive environment under the guidance and support of our Staff.

The new **WHOLE Program** will cater to participants of any skill and fitness level. The wilderness experience is uniquely suited to motivate our participants to disconnect from their busy and not always healthy lives and to take time to rejuvenate their minds, bodies and spirits. At RH we provide the venue where emotional awareness and healing can take hold. Wilderness Courses utilize the experience itself to help individuals face and overcome emotional issues, addictions, behavioral problems, and many other challenges. They also help participants develop important life skills that can benefit them throughout their lives.

Please contact us for more information and to tour our facility.

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Saving the world One life at a time

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