

RECOVERING HANDS

WOMEN'S RESIDENTIAL PEER RECOVERY SUPPORT CENTER

"Reclaiming the planet - one life at a time"

PEER RECOVERY SPECIALIST:

Works one on one and in small groups with residents as they develop and implement a personal recovery plan. Evaluates the needs of each peer and models recovery life skills.

The PRS role is to support residents. The Recovery Specialist serves as a role model, mentor, advocate and motivator to recovering women in order to help prevent relapse and promote long-term recovery. The Peer Recovery Specialist must demonstrate an ability to share personal recovery experiences and to develop authentic peer-to-peer relationships.

DUTIES AND FUNCTIONS:

1. Maintain project logs, reports and records in appropriate files and database(s).
2. Provide recovery education to residents to serve as a foundation for their present and future recovery journey; pre-recovery engagement, recovery initiation, recovery stabilization, and sustained recovery maintenance.
3. Provide a model for residents and other staff by demonstrating that recovery is possible.
4. Assist residents to identify their personal interests, goals, strengths and weaknesses regarding recovery.
5. Assist/coach residents as they develop their own plan for advancing their recovery; for "getting the life they want."
6. Recovery Planning--facilitate (via personal coaching) the transition from a professionally directed service plan to a self-directed Recovery Plan. The goal should be to transition from professionally assisted recovery initiation to personally directed, community supported recovery maintenance.
7. Promote self-advocacy by assisting residents to have their voices fully heard; their needs, goals and objectives established as the focal point of rehabilitation and clinical services.
8. May transport residents to 12 step meetings and/or faith-based meetings.
9. Utilizes various skills and resources to assist in or facilitate Life Skills Workshops as developed by Recovering Hands Program Director. Some of these skills employ Recreational and Art Therapy techniques.
10. Actively participate in preparing the main meal.
11. Actively participate in all life skills workshops.

12. The PRS role is to model recovery in all its aspects.

13. Reports directly to the CEO and Program Director.

JOB DESCRIPTION

1. Actively identify and support linkages to community resources (communities of recovery, educational, vocational, social, cultural, spiritual resources, mutual self-help groups, professional services, etc.) that support the recovering person's goals and interests. This will involve a collaborative effort including the recovering person, other Recovering Hands staff and other relevant stakeholders.
2. Support connections to community based, mutual self-help groups. Link individuals to appropriate professional resources when needed. Provide vision-driven hope and encouragement for opportunities at varying levels of involvement in community-based activities (e.g., work, school, relationships, physical activity, self-directed hobbies, etc.).
3. May be asked to participate in developing relationships with community groups/agencies.
4. May be asked to visit community resources with recovering persons to assist them in becoming familiar with Recovering Hands resource in the field.
5. Identify barriers (internal and external) to full participation in community resources and developing strategies to overcome those barriers.
6. May be asked to maintain contact by phone and/or e-mail with residents after they leave the Recovering Hands Program to ensure their ongoing success and to provide re-engagement support in partnership with others if needed. Long-term engagement, support, and encouragement.
7. May be asked to assist in the Development, implementation, and promotion of ongoing community training opportunities.
8. Work with staff and other community professionals to implement and promote programming for recovery-oriented training programs and opportunities.